

## Difference between growth and development

= Growth symbolises quantitative changes. The changes occurring in height, weight, size etc. can be called growth.

Development ~~includes~~ comprises both quantitative growth and qualitative progress.

= The process of growth stops after reaching a certain age, that is, growth stops after attaining physical maturity.

The developmental process is a continuous process which goes on from birth to death. This process goes on even after attaining physical maturity.

— The changes occurring as a result of growth process can be seen clearly, they can be measured and weighed.

Development expresses work capacity, work - proficiency and qualitative changes in behaviour. So, they cannot be measured directly, but they can be experienced, and they can be observed.

— Growth process is only a part of developmental process. The word growth signifies very limited meaning.

The word development is a very extensive word. It is related to the whole development of a person. Growth can be called a sub-activity of development.